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|   | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | A selection of cereals & toast  | A selection of cereals & yoghurts | A selection of cereals & bagels | A selection of cereals & crumpets | A selection of cereals & toast |
| AM Snack | A selection of fruits with milk or water | A selection of fruits with milk or water | A selection of fruits with milk or water | A selection of fruits with milk or water | A selection of fruits with milk or water |
| Lunch | Roast chicken dinner served with vegetables & gravy**Dietary: Quorn chicken dinner served with vegetables** | Fish pie**Dietary: Dairy free fish/cheese pie** | Beef & mushroom stroganoff served with rice**Dietary: Dairy free beef & mushroom stroganoff** | Lamb Rogan Josh served with rice**Dietary: chicken curry served with rice** | Cottage pie (beef) served with vegetables**Dietary: Quorn beef/chicken pie served with vegetables** |
| Pudding | Fromage frais**Dietary: soya yoghurt or oatly ground rice** | Homemade chocolate sponge cake**Dietary: Homemade egg free sponge cake** | Homemade flapjack**Dietary: Homemade free from flapjack** | Fresh fruit salad**Dietary: Fresh fruit Salad omit various fruits** | Homemade rice pudding**Dietary: Homemade dairy free rice pudding** |
| PM Snack | Fresh fruit, breadsticks & humus | Fresh fruit, oatcakes & soft cheese | Fresh Fruit, rice cakes, cheddar cheese & raisins  | Fresh Fruit, Bread sticks and humus | Fresh Fruit, yellow peppers, carrot & cucumber batons |
| Tea | Crustless quiche with salad leaves & pepper sticks**Dietary: Homemade vegetarian fingers with salad leaves & pepper sticks** | Beef Ragu with pasta**Dietary: Beef Ragu made with free from pasta** | Selection of sandwiches & side salad**Dietary: Selection of sandwiches & side salad , made from wheat free bread** | Corned beef hash & gravy**Dietary: Dairy free corned beef hash & gravy** | Homemade sausage rolls served with crispy potatoes**Dietary: Meat/soya free sausage rolls served with crispy potatoes** |